The Centre for Reproductive & Genetic Health

your guide to fertility treatment

Clinical excellence & bespoke fertility care
The Centre for Reproductive & Genetic Health (CRGH) has consistently been a leading fertility clinic in the UK since it was first founded by Mr Paul Serhal MRCOG in 1990. We have excellent facilities on Great Portland Street, London, including a state of the art laboratory. We pride ourselves on delivering clinical excellence, creating bespoke treatment plans and responding to individual patient needs.

The CRGH team are leaders in the field of assisted reproduction and play an active role in education and research. As well as publishing scientific papers, our consultants and embryologists are invited to speak at international conferences and teach professionals through collaborating with academic institutions.

CRGH is recognised as a training centre for subspecialty training in reproductive medicine by the Royal College of Obstetricians & Gynaecologists, and has Training Centre Recognition for Quality Management of a Fertility Service by the British Fertility Society.

At our satellite clinic in Canterbury, we offer patients initial and follow-up consultations, arrange investigations, perform some scans and discuss different treatment options.

Take a virtual tour of our premises at www.crgh.co.uk
Why CRGH?

- Highest IVF/ICSI live birth rate in London per embryo transferred (all ages)*
- One of the largest donor egg banks in the UK
- No waiting lists for treatment, including donor cycles
- Pioneers in Preimplantation Genetic Diagnosis (PGD) treatment, having had numerous PGD ‘firsts’, including first baby born free of BRCA1 cancer gene in the UK, and first baby born using the Karyomapping technique in Europe
- Awarded a Millennium Products Award for Ovarian Reserve Testing
- 7-day-a-week service
- Over 85 academic research publications

* Data quoted is correct at time of publication (September 2017), and as reported by the Human Fertilisation and Embryology Authority (HFEA) for fresh embryos patients’ eggs all ages, for the period 1st July 2014 - 30th June 2015

Hear what our patients have to say...

“Throughout the highs and lows of our fertility journey, all the staff at CRGH were so supportive and it really felt they genuinely cared about us and would do everything they could to help. The care we received was second to none and the doctors were also very proactive in suggesting different protocols to ensure we had the best chance of success each time. I was also closely monitored throughout the process and medications adjusted and/or introduced depending on how I responded each time.”

Mum and Dad of 3 CRGH babies

“Our infertility journey was a long 4 and a half years before we sought the help of CRGH. From the moment we handed ourselves over to your care we were treated with compassion and professionalism at every stage and I really have nothing but praise for every member of staff we encountered whilst being treated in your care. I am still pinching myself every day! Words really cannot express our gratitude to you for making our dream come true.”

Mum and Dad of a CRGH baby

“CRGH’s entire staff is amazing! Everyone was very reassuring and personable. We have the most amazing family now and will be forever grateful for all the expertise and care we received. We came from another clinic where we were not happy about our service and found CRGH to be light years beyond where we had been - We can’t thank everyone enough!”

Mum and Mum of CRGH twins
CRGH has consistently been a leading fertility clinic in the UK, achieving excellent success rates over the last 25 years. We are very pleased to announce that we have the highest IVF/ICSI live birth rate in London per embryo transferred (all ages) according to the latest data published by the Human Fertilisation and Embryology Authority (HFEA).

**IVF/ICSI Pregnancy Rates using own fresh eggs 2017**

- **Age under 35** (280 cycles): 55.3% (CRGH), 52.9% (CRGH clinical)
- **Age 35 - 37** (236 cycles): 47.6% (CRGH), 43.9% (CRGH clinical)
- **Age 38 - 39** (157 cycles): 43.9% (CRGH), 58.1% (CRGH clinical)
- **Age 40 - 42** (90 cycles): 38.6% (CRGH), 43.4% (CRGH clinical)
- **Age 43 - 44** (9 cycles): 11.1% (CRGH), 22.2% (CRGH clinical)
- **Age 44+** (1 cycle): 100% (CRGH), 100% (CRGH clinical)

**IVF/ICSI Live Birth Rates using own fresh eggs 2016**

- **Age under 35** (185 cycles): 48.6% (CRGH), 50.3% (CRGH live)
- **Age 35 - 37** (175 cycles): 41.1% (CRGH), 43.1% (CRGH live)
- **Age 38 - 39** (100 cycles): 39% (CRGH), 39.8% (CRGH live)
- **Age 40 - 42** (75 cycles): 25.3% (CRGH), 26.8% (CRGH live)
- **Age 43 - 44** (10 cycles): 10% (CRGH), 12.5% (CRGH live)
Frozen Embryo Transfer Pregnancy Rates 2017

<table>
<thead>
<tr>
<th>Age Group</th>
<th>CRGH pregnancy rate per embryo transfer</th>
<th>CRGH clinical pregnancy rate per embryo transfer</th>
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<tbody>
<tr>
<td>Age under 35 (178 cycles)</td>
<td>67.4%</td>
<td>60%</td>
</tr>
<tr>
<td>Age 35 - 37 (165 cycles)</td>
<td>57%</td>
<td>48.5%</td>
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<tr>
<td>Age 38 - 39 (115 cycles)</td>
<td>55.8%</td>
<td>47.8%</td>
</tr>
<tr>
<td>Age 40 - 42 (119 cycles)</td>
<td>47.9%</td>
<td>37.6%</td>
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<tr>
<td>Age 43 - 44 (24 cycles)</td>
<td>20.8%</td>
<td>16.7%</td>
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<tr>
<td>Age 45+ (5 cycles)</td>
<td>40%</td>
<td>20%</td>
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Frozen Embryo Transfer Live Birth Rates 2016

<table>
<thead>
<tr>
<th>Age Group</th>
<th>CRGH live birth rate per embryo transfer</th>
<th>CRGH live birth rate per cycle started</th>
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<tbody>
<tr>
<td>Age under 35 (206 cycles)</td>
<td>53.9%</td>
<td>53.4%</td>
</tr>
<tr>
<td>Age 35 - 37 (154 cycles)</td>
<td>53%</td>
<td>51.9%</td>
</tr>
<tr>
<td>Age 38 - 39 (114 cycles)</td>
<td>34.8%</td>
<td>34.2%</td>
</tr>
<tr>
<td>Age 40 - 42 (118 cycles)</td>
<td>24.8%</td>
<td>24.6%</td>
</tr>
<tr>
<td>Age 43 - 44 (35 cycles)</td>
<td>20.6%</td>
<td>20%</td>
</tr>
<tr>
<td>Age 45+ (17 cycles)</td>
<td>11.8%</td>
<td>11.8%</td>
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Glossary

<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
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<tr>
<td>IVF</td>
<td>In Vitro Fertilisation</td>
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<tr>
<td>ICSI</td>
<td>Intra-cytoplasmic Sperm Injection</td>
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<tr>
<td>Pregnancy Rate</td>
<td>Positive pregnancy test following embryo transfer</td>
</tr>
<tr>
<td>Clinical Pregnancy Rate</td>
<td>Pregnancy determined by heartbeat seen at pregnancy scan</td>
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<tr>
<td>Live Birth Rate</td>
<td>Pregnancy which results in a live baby</td>
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- UK national averages shown are the most recent rates published by the HFEA in the 2014 Fertility Trends report, published March 2016 (http://ifqtesting.blob.core.windows.net/umbraco-website/1111/hfea-fertility-treatment-trends-and-figures-2014.pdf)
- The HFEA publishes on its website the results of every licensed clinic in the UK: http://guide.hfea.gov.uk/guide/
- To understand fertility success rates and other factors that are important when choosing a fertility clinic please refer to the HFEA website: www.hfea.gov.uk/choose-a-clinic/
Assisted Conception

- In Vitro Fertilisation (IVF) – Medicated and Natural Cycle
- Intracytoplasmic Sperm Injection (ICSI) – Medicated and Natural Cycle
- Intracytoplasmic Morphologically Selected Sperm Injection (IMSI) - Medicated and Natural Cycle
- Egg and Sperm Donation
- Preimplantation Genetic Diagnosis (PGD)
- Aneuploidy Screening (PGS)
- Egg, Sperm and Embryo Freezing
- Assisted Hatching
- Blastocyst Embryo Transfer
- Embryoscope
- Percutaneous Epididymal Sperm Aspiration (PESA)
- Micro-Epididymal Sperm Aspiration (MESA)
- Testicular Sperm Extraction (TESE)
- Testicular Sperm Aspiration (TESA)
- Surrogacy
- MESA

Infertility Services

- Induction of ovulation
- Intrauterine Insemination (IUI)
- Superovulation and Intrauterine Insemination
Investigative Services
- Semen Analysis
- Hormone blood tests
- Ovarian Reserve Test
- 3D Saline Infusion Sonography (SIS)
- 3D HYCoSy
- Hysteroscopy
- Laparoscopy
- Post Coital Tests
- Vaginal and abdominal ultrasound scanning
- Follicular Tracking
- Endometrial Assessment
- Reproductive Immunology
- Early Pregnancy scans
- Non-invasive prenatal testing
- ERA

New Services
- **Free Mini Evening Appointments**, (available Tues - Thurs 4.15pm - 5.30pm), offering patients a consultation
- **Fertility Assessment Clinic**, offering men and women a holistic examination of the physical, behavioural, emotional and social factors that could impact their fertility and overall health

We continually develop our treatments and services in order to remain at the forefront of reproductive medicine. If you have questions regarding a service that is not listed here, please contact us.

**Open 7 days a week**
**Weekend consultations available**
CRGH is a one minute walk from Great Portland Street underground station.

230 - 232 Great Portland Street
London W1W 5QS

31 St George’s Place.
Canterbury CT1 1XD

GP/Specialist referrals can be processed online at www.crgh.co.uk/referrals

Contact Us:
We welcome you to contact us and find out more about our services. We hold open evenings twice a month, and offer free introductory mini consultations for patients wishing to know more about CRGH. Please see website for more details.

Main number: +44 (0)20 7837 2905
(Mon-Fri 8.30am-6pm)

Email enquiries: info@crgh.co.uk